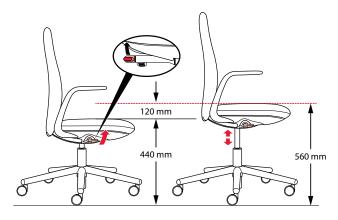
# **HAWORTH**

## Nia

User Guide

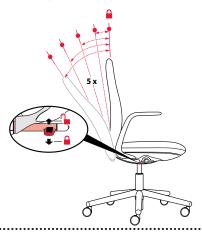
## 1 Seat Height Adjustment

Pneumatic height adjustment is used to adjust the seat to fit different user heights. (1) Pull the lever up and lift the body out of the chair to raise the seat. To lower the seat, remain seated and pull the lever up.



### 2 Back Lock

Single position back lock to fix the backrest in the upright position. In total there are 5 back rest positions to fix. (1) Recline to the desired stopping position and (2) push down on the lever to activate the back stop. (3) Pull up on the lever to release the back stop.



#### Armrest Adjustment (optional feature, Phase 2 in 2020)

Arm height adjustment raises and lowers the arms to keep the user shoulder in a neutral posture. To change the height of the armrest, pull up on the lever and slide the armrest up or down.



